



**Role:** BMHF Community Outreach Worker

**Hours:** Negotiable (Flexible to individual needs)

**Duration:** N/A

**Salary:** Voluntary

**Purpose:** The Outreach Worker will engage with members of the Bangladeshi and Somali community to raise awareness about mental health. They will plan events, workshops and other activities and refer people to sources of help.

### **Responsibilities**

1. Offer educational presentations, workshops, programs, support groups, events and assistance to members of the community.
2. Act as an advocate where needed and provide information, advice and other support services to individuals and families affected by mental health problems.
3. Network and build partnerships with local and national organisations.
4. Communicate with outreach team members to plan events and workshops.
5. Write summaries on the outcomes of each project, highlighting improvements. These are to be discussed with outreach team members for guidance of future events and workshops.
6. Work with Development Manager to achieve frequent, timely and positive outreach schemes.
7. Relay updates as and when required by the Development Manager.
8. Required to travel within Tower Hamlets and possibly neighboring boroughs.

If you are interested in the Community Outreach post and would like more information, please contact Shamsur on 07716 078840 or email

[shamsur@bangladeshimentalhealth.org](mailto:shamsur@bangladeshimentalhealth.org)