

BMHF Community Mental Health Champion

Registration Form

The role of the BMHF Community Mental Health Champion would require you to proactively be an **ambassador** of the BMHF and **raise awareness of mental health** to the Bangladeshi community via workshops and events in your local area, around Tower Hamlets and beyond.

Commitments:

* Undertake the two-day course **BMHF Mental Health Training Course** which will enable you to become a BMHF Community Mental Health Champion. Also be committed to attendant additional training.
* **4-6 month’s commitment** to being an active BMHF Community Mental Health Champion.
* Undertake **4-5 workshops** in the different localities of Tower Hamlets (support will be provided).
* Organise at least **one mental health event** or support mental health events in Tower Hamlets (support will be provided).
* To raise the **profile of the BMHF** and to **advocate the plight of mental health in the Bangladeshi community** to community leaders/stakeholders by proactively attending different forums/ meetings.

By registering below to become a **BMHF Community Mental Health Champion** you are committing to the above commitments.

## Registration Details

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| --- | --- |
| **Name** (include title e.g. Mr.) |  |
| **Organisation & Role** (if applicable) |  |
| **Address**  |  |
| **Telephone**  |  |
| **Email**  |  |
| **Please say why you would like to become a BMHF Mental Health Champion?**  |  |
| **Where in Tower Hamlets (location) would you like to undertake workshops/ events?**  |  |
| **Please mention any particular groups or cohort of groups (e.g. young women) you are interested in engaging with?**  |  |
| **Which days & times are suitable for you to undertake workshop/ events?**  |  |

**Signature: Date:**