

## BMHF Upcoming Workshops / Events

**Workshop: School Mental Health/Wellbeing Workshop**

**Date:** Tuesday 1<sup>st</sup> October, **Time:** 9-11am, **Venue:** Solebay Primary School, 11 Solebay Street, London E1 4PW

**Workshop: School Mental Health/Wellbeing Workshop**

**Date:** Thursday 3<sup>rd</sup> October, **Time:** 9-11am, **Venue:** Cayley Primary School, Aston Street, London E14 7NG

**Event: Family (children & young people) & Mental Wellbeing**

**Date:** Thursday 10<sup>th</sup> October 2019, **Time:** 1-3pm, **Venue:** Harford Street Multicentre (Health Centre), 115 Harford Street (Ben Jonson Road), E1 4FG

**Workshop: School Mental Health/Wellbeing Workshop**

**Date:** Wednesday 6<sup>th</sup> November, **Time:** 9-11am, **Venue:** Harry Roberts School, Commodore Street, London E1 4PF

**Workshop: Community Mental Health/Wellbeing Workshop**

**Date:** Thursday 7<sup>th</sup> November 2019, **Time:** 10-12.30pm, **Venue:** Harford Street Multicentre (City Gateway), 115 Harford Street (Ben Jonson Road), E1 4FG

**Workshop: Community Mental Health Champions Training**

**Date:** Thursday 28<sup>th</sup> November 2019, **Time:** 10-1.30pm, **Venue:** Harford Street Multicentre, 115 Harford Street (Ben Jonson Road), E1 4FG

**Workshop: School Mental Health/Wellbeing Workshop**

**Date:** Thursday 14<sup>th</sup> November **Time:** 9-11am, **Venue:** Ben Jonson Primary School, Harford Street, London E1 4PZ

If you would like to attend any of the workshops, please register your interest by contacting Shamsur Choudhury (BMHF Operations Manager) two weeks prior to preferred workshop attendance date.

**Contact Details:**

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