

BMHF Online Wellbeing Workshop *'Eating Disorders'*

- To raise awareness of Eating Disorders
- To discuss stigma and cultural factors
- To give ideas on what you can do to combat Eating Disorders
- Where can you get help from?



Please attend our online workshops to find out more

Workshop Details (Online)

Eating Disorders (English)

Date: Thursday 29 April 2021 Time: 11.30 - 1pm

Zoom Meeting Login in Details:

Meeting ID: 957 7050 4978

Passcode: 746745

You can join the workshop by emailing us to confirm your attendance (preferred option) or if you wish to remain anonymous you can also just join on the day without emailing.

For more information on the workshops and to register your attendance please contact Shamsur Choudhury on **0771 607 8840** or email: **shamsur@bangladeshimentalhealth.org**